



CERTIFICATE OF PARTICIPATION

This is to certify that

Gillian Lupton-Smith

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:41:23

PACE 08:06/km

GENDER 176 of 271

OVERALL 540 of 834

SENIOR (20- 86 of 134 39)



08 July 2023, Sat

Date

BoutTime

Signature

